



## Lunch Catering Menu

### Fresh Green Salads - \$4.00 per person

**Spring Mix Salad-** *Fresh spring mix with crumbled gorgonzola, raisins, toasted walnuts and balsamic vinaigrette*

**Mixed Greens Salad-** *kale, spinach, and swiss chard with feta, kalamata olives, grape tomatoes, hearts of palm, and greek vinaigrette*

**Spinach Salad-** *baby spinach with goat cheese crumbles, strawberries, toasted almonds and red wine vinaigrette*

**Arugula and Spinach Salad-** *spicy arugula and baby spinach with shaved parmesan, tomatoes, and lemon vinaigrette*

**Rustic Romaine Salad-** *crunchy romaine lettuce with tomatoes, cucumbers, green olives, croutons and your choice of creamy buttermilk ranch or chunky blue cheese dressing.*

### Rustic and Hearty Vegetarian Salads (\$5.00 per person)

**Citrus Quinoa Salad -** *black beans, red bell peppers, fresh corn and cilantro with a citrus vinaigrette*

**Mediterranean Orzo Salad-** *cucumbers, tomatoes, garbanzo beans, capers, feta and fresh herbs with a lemon vinaigrette*

**Curry Pasta Salad -** *bow tie pasta with golden raisins, raisins, celery, cashews, cilantro and creamy curry dressing*

**Antipasto Salad-** *pasta with kalamata olives, roasted red peppers, sundried tomatoes, mozzarella, and lemon vinaigrette*

**French Country Potato Salad-** *tomatoes, green beans, boiled egg, capers, with lemon vinaigrette*

**Asian Linguini Salad-** *edamame, asparagus, snow peas, bell pepper, sesame peanut dressing*

**Rustic Wild Rice Salad-** *wild rice, tomatoes, fresh basil and pine nuts*

### \*\*\* Additional proteins to above salads

*roasted chicken - \$3.00 per person.*

*roasted salmon- \$4.00 per person*

*smoked sausage- \$3.00 per person*

*roasted shrimp- \$4.00 per person*

Sandwich Style Salads- served with a variety of bread choices and  
spring mix greens \$8.00

*Bread choices include- croissant, ciabatta rolls, country wheat and gluten free*

Tuscan Tuna Salad- *marinated tuna salad (no mayo), capers, and artichokes*

Cape Chicken Salad- *chicken salad with craisins, grape, pecans and a sweet dressing*

Tarragon Chicken Salad – *savory chicken salad with chopped walnuts*

Curry Chicken Salad- *chicken salad with cashews and curry dressing*

Rustic Casseroles \$8.00

Chicken and Wild Rice- *Wild rice, chicken, mushrooms and peas*

Chicken Tetrazzini- *linguini with chicken, mushrooms, peas and creamy white sauce*

Shepherds Pie- *ground beef, carrots and peas with garlic mashed potato topping*

Chicken Cobbler- *Chicken stew topped with biscuit crust*

Rustic Sweets \$2.00

Symphony Brownies

Turtle Blondies

Oatmeal Lace Cookies

Chunky Cranberry Oatmeal Cookies

All above menu options include office delivery for Tallahassee area in disposable style containers or platters and disposable plates and utensils. Minimum order of \$400.